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|  |  | **Program Planning Worksheet** |
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| **Focus:**  | **School:**  | **Year:**  | **Students:**  | **Days: 3** |
| **Time** | **Activity** |  |  |  |
| 6:30 | Rise and morning exercise |  | Rise and morning exercise | Rise and morning exercise |
| 7:30 | Breakfast @ Hall | **Breakfast** @ Hall |
| 8:20 | Prepare for activities |  | Prepare for activities | Prepare for activities |
| 9:00 | Activity Session 1 |  | Clean up & Pack Up |
| 10:30 | **Morning Tea** @ Undercover Area |
| 11:00 | Activity Session 2 | Arrive @ SetupStudent BriefAdult Brief |  |  |
| 12:30 | R&R Time | R&R Time | R&R Time | R&R Time |
| 1:00 | **Lunch** @ Hall |
| 2:00 | Activity Session 3 |  |  | Debrief & Depart @ |
| 3:30 | **Afternoon Tea** @ Undercover Area |  |
| 4:00 | Activity Session 4 (No Centre Staff Available) |  |  |
| 4:45 | Showers | Showers | Showers |
| 6:30 | **Dinner** @ Hall |  |
| 7:20 | Prepare for Night Activities | Prepare for Night Activities | Prepare for Night Activities |
| 7:30 | Night Activities |  |  |
| 10:00 | Lights Out | Lights Out | Lights Out |